



SYNTHETIC EXAMPLE

Depression Anxiety Stress Scales - 21 item

DASS-21 - presentation preview

CLIENT

John Doe

ADMINISTERED

Example date

RESPONSE MODE

Self-report

INSTRUMENT

DASS-21

SOURCE

**Lovibond and Lovibond /
UNSW**

CLINICAL ROLE

**Tri-scale distress
measurement for
clinician review**

What this report lays out

- Named instrument, version, and provenance
- Item-level response pattern without source wording
- Methodology, references, and clinical boundary
- Responsible clinician review rather than automated conclusions

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored DASS-21 result, cannot establish a diagnosis, and must not be placed in a clinical record.

DASS-21 does not diagnose depression, anxiety, or a stress disorder. Scale names are measurement constructs, not confirmed conditions.



A report designed for clinical review

Clear structure, visible provenance, and an explicit boundary help a clinician review recorded evidence without mistaking a questionnaire for a conclusion.

REVIEW

Respondents rate how much statements applied over the past week. Results should be reviewed as three scales plus item context, not collapsed into a vague 'mental health score'.

CONTEXT

Official DASS materials describe scoring for 21- and 42-item forms. This page does not independently verify cutoffs. Use the authorised form and key.

SOURCE

Confirm the 21-item form and the past-week reference period. This catalogue entry does not assign the measure from the public site.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.



Item-level layout without source wording

This marketing sample uses invented item numbers and response labels only. It does not reproduce DASS-21 item wording, and the pattern below is not a real result.

ITEM	ILLUSTRATIVE SCALE POINT	FICTIONAL RESPONSE
1	4 of 5	Often
2	4 of 5	Often
3	1 of 5	Not at all
4	3 of 5	Sometimes
5	3 of 5	Sometimes
6	2 of 5	A little
7	4 of 5	Often
8	4 of 5	Often
9	3 of 5	Sometimes
10	5 of 5	Most days
11	5 of 5	Most days
12	3 of 5	Sometimes
13	3 of 5	Sometimes
14	3 of 5	Sometimes

Item numbers, scale points, and responses on this page are invented for layout demonstration. They are not this instrument's item set, scoring structure, or thresholds.



Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The Depression Anxiety Stress Scales-21 is the short form of the DASS. It yields three related scales rather than a single mixed distress total. It is used for monitoring and research as well as intake, but it is not a diagnostic interview.

ADMINISTRATION

Respondents rate how much statements applied over the past week. Results should be reviewed as three scales plus item context, not collapsed into a vague 'mental health score'.

CLINICAL BOUNDARY

DASS-21 does not diagnose depression, anxiety, or a stress disorder. Scale names are measurement constructs, not confirmed conditions.

GOVERNANCE

Confirm the 21-item form and the past-week reference period. This catalogue entry does not assign the measure from the public site.

SELECTED REFERENCES

1. Official DASS materials

Psychology Foundation of Australia. Depression Anxiety Stress Scales.

SOURCE AND VERIFICATION Confirm the official form with the source before any live workflow.