SYNTHETIC EXAMPLE

Dutch Eating Behavior Questionnaire - operational shell

DEBQ - presentation preview

CLIENT	ADMINISTERED	RESPONSE MODE
John Doe	**Example date**	**Self-report**

INSTRUMENT	SOURCE	CLINICAL ROLE
DEBQ	**Van Strien and colleagues**	**Eating-behaviour context for clinician review**

What this report lays out

- Named instrument, version, and provenance
- Item-level response pattern without source wording
- Methodology, references, and clinical boundary
- Responsible clinician review rather than automated conclusions

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored DEBQ result, cannot establish a diagnosis, and must not be placed in a clinical record.

DEBQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

A report designed for clinical review

Clear structure, visible provenance, and an explicit boundary help a clinician review recorded evidence without mistaking a questionnaire for a conclusion.

REVIEW

DEBQ is completed as a focused self-report and stored for clinician review. This public page does not collect answers or return a score.

CONTEXT

Published scoring conventions may exist in official materials. This public page does not independently verify scoring, cutoffs, or a production scoring rule. Use the official form and scoring instructions for the version you intend to use.

SOURCE

Catalogue information on the measure's purpose, source and administration requirements.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.

Item-level layout without source wording

This marketing sample uses invented item numbers and response labels only. It does not reproduce DEBQ item wording, and the pattern below is not a real result.

ITEM	ILLUSTRATIVE SCALE POINT	FICTIONAL RESPONSE
1	4 of 5	**Often**
2	4 of 5	**Often**
3	2 of 5	**A little**
4	3 of 5	**Sometimes**
5	5 of 5	**Most days**
6	1 of 5	**Not at all**
7	2 of 5	**A little**
8	1 of 5	**Not at all**
9	4 of 5	**Often**
10	1 of 5	**Not at all**
11	4 of 5	**Often**
12	4 of 5	**Often**
13	2 of 5	**A little**
14	2 of 5	**A little**

Item numbers, scale points, and responses on this page are invented for layout demonstration. They are not this instrument's item set, scoring structure, or thresholds.

Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

DEBQ is used to structure restrained, emotional, and external eating reports. It does not diagnose an eating disorder and does not prescribe a diet.

ADMINISTRATION

DEBQ is completed as a focused self-report and stored for clinician review. This public page does not collect answers or return a score.

CLINICAL BOUNDARY

DEBQ is not a diagnosis. A result cannot replace clinician-led assessment, history, examination, or investigation where those are required.

GOVERNANCE

Catalogue information on the measure's purpose, source and administration requirements.

SELECTED REFERENCES

1. Original DEBQ paper

Van Strien T et al. The Dutch Eating Behavior Questionnaire (DEBQ) for assessment of restrained, emotional, and external eating behavior. Int J Eat Disord. 1986;5(2):295-315.

SOURCE AND VERIFICATION Confirm the official form with the source before any live workflow.