



SYNTHETIC EXAMPLE

Kessler Psychological Distress Scale

K10 - presentation preview

CLIENT

John Doe

ADMINISTERED

Example date

RESPONSE MODE

Self-report

INSTRUMENT

K10

SOURCE

Kessler and colleagues

CLINICAL ROLE

Nonspecific distress
screening support

What this report lays out

- Named instrument, version, and provenance
- Item-level response pattern without source wording
- Methodology, references, and clinical boundary
- Responsible clinician review rather than automated conclusions

CLINICIAN REVIEW REQUIRED

This document demonstrates Lirena's report design using fictional data. It does not represent a scored K10 result, cannot establish a diagnosis, and must not be placed in a clinical record.

K10 does not diagnose depression, anxiety, or psychosis. It is nonspecific distress. A clinician still has to ask what the distress is about.



A report designed for clinical review

Clear structure, visible provenance, and an explicit boundary help a clinician review recorded evidence without mistaking a questionnaire for a conclusion.

REVIEW

Adults rate ten items about the past 30 days. Results support review of overall distress. They do not replace PHQ-9, GAD-7, or a diagnostic assessment when those questions are the ones being asked.

CONTEXT

Published scoring sums ten items. Jurisdictions publish different interpretation bands. This page does not independently verify a cutoff.

SOURCE

Confirm the official K10 wording and any local reporting bands. This catalogue entry does not assign the measure from the public site.

REPORT PRINCIPLE

Show the evidence, the version, and the boundary. Leave diagnosis and formulation with the clinician.



Item-level layout without source wording

This marketing sample uses invented item numbers and response labels only. It does not reproduce K10 item wording, and the pattern below is not a real result.

ITEM	ILLUSTRATIVE SCALE POINT	FICTIONAL RESPONSE
1	5 of 5	Most days
2	3 of 5	Sometimes
3	2 of 5	A little
4	1 of 5	Not at all
5	1 of 5	Not at all
6	1 of 5	Not at all
7	2 of 5	A little
8	2 of 5	A little
9	2 of 5	A little
10	2 of 5	A little
11	3 of 5	Sometimes
12	1 of 5	Not at all
13	5 of 5	Most days
14	3 of 5	Sometimes

Item numbers, scale points, and responses on this page are invented for layout demonstration. They are not this instrument's item set, scoring structure, or thresholds.



Source-led by design

Lirena separates published methodology, product implementation, and clinical approval. A citation does not by itself authorize administration or prove a software scoring rule.

INSTRUMENT

The Kessler Psychological Distress Scale asks about tiredness, nervousness, hopelessness, and related experiences over the past four weeks. It is a population and clinical distress screen, not a disorder-specific interview.

ADMINISTRATION

Adults rate ten items about the past 30 days. Results support review of overall distress. They do not replace PHQ-9, GAD-7, or a diagnostic assessment when those questions are the ones being asked.

CLINICAL BOUNDARY

K10 does not diagnose depression, anxiety, or psychosis. It is nonspecific distress. A clinician still has to ask what the distress is about.

GOVERNANCE

Confirm the official K10 wording and any local reporting bands. This catalogue entry does not assign the measure from the public site.

SELECTED REFERENCES

1. K10 methods

Kessler RC et al. Screening for serious mental illness in the general population. Arch Gen Psychiatry. 2003;60(2):184-189.

SOURCE AND VERIFICATION Confirm the official form with the source before any live workflow.